

# HIP

HOBBIES • INTERESTS • PASSIONS

Stuff for Baby Boomers



OCTOBER - APRIL

**Kia ora**, and welcome to the third issue of H.I.P. Stuff for Baby Boomers, which seeks to get 'soon-to-be-seniors' and seniors involved in Hobbies, Interests and Passions. The first two issues of the Rotorua District Council publication struck a chord with many locals keen to age positively. With more than 20% of residents in the Rotorua district aged 55 and over\* it's not surprising the new initiative has been well received.



From research - and the shining examples around us - we know that some of the key factors to enjoying a happy, fulfilled life as we age are: being involved, being physically and mentally active, having contact with others, gaining satisfaction from the things we do and continuing to learn.

Whilst walking, golf, gardening, fishing, swimming, tramping, reading and playing cards are already favoured by many older residents, use this booklet to discover the many other options available on your doorstep. The calendar (p12-13) is useful as a quick reference to discover key events and courses available during the October to April period, but be sure to read the whole brochure as many activities, classes and hobby options are ongoing and available at minimal or no cost.



Take a more active part in Rotorua's happening, learning and caring community by taking some simple steps . . . perhaps square dance lessons, joining a beginner's orienteering course (there are 50-60 and 60-70 age bands),

discovering organic gardening, becoming more computer savvy, volunteering your time for a good cause, learning another language, making a quilt or gathering at the Menz Shed with other blokes.

\* Figures sourced from 2006 census

While every effort has been made to ensure that the information contained in this publication was correct at the time of printing, Rotorua District Council does not accept responsibility for any effects arising from use of this information.

Golf, fishing and hongī photographs on cover and p2 courtesy of Destination Rotorua Tourism Marketing (DRTM).

**Creative Options for 50s plus ..... p3 to 8**

**Discovery for 50s plus ..... p9 to 11, 14 to 18**

**Active Options for 50s plus ..... p19 to 23**

## Art on display

### Art Bytes - Friends of the Rotorua Museum

Join Friends and enjoy monthly Art Bytes, talks by prominent NZ artists and invitations to exhibition openings.

**Monthly**, various dates 5.30pm. Rotorua Museum of Art and History. Subs: \$45. Ph Warwick Hill 027 243 7595.

### Solo show by Sofia Minson

Inspired by the land, myths and people of Aotearoa, Sofia paints bold, soulful, finely detailed portraits, landscapes and surreal oil works.

**Nov 2-Dec 31** 10am-5.30pm Tues-Sat. Red Spot Gallery, 1239 Haupapa St. Free. Ph Glenn McLeary 347 3110.

### Blast! Pat Hanly - the painter and his protest

Pat Hanly not only painted but demonstrated against things that disturbed him, especially nuclear testing. His vibrant works tell a story of the power of art to move hearts and minds.

**Till Sun, Nov 28** 9am-8pm. Rotorua Trust Galleries, Rotorua Museum. Free for residents with ID. Ph Ann Somerville 349 4350 ext 7823.



Photo: Lopdell House Gallery

### Use and Beauty: Stan Jenkins' NZ ceramics

Potter and collector Stan Jenkins amassed a significant collection of NZ ceramics. His pieces are shown with other key ceramics.

**Nov 20-Feb 6** 9am-8pm. Upper foyer, Rotorua Museum. Free for residents with ID. Ph Ann Somerville 349 4350 ext 7823.

### Christmas Collection exhibition

Extensive collection of original NZ art from more than 60 artists.

**Nov 29-Dec 24** 9.30am-5pm Mon-Fri, 9.30am-1pm Sat. Peter Reynolds Gallery, 1109 Eruera St. Free. Ph Peter Reynolds 348 0040.

### Cascades

William Hodges, the artist who accompanied Captain Cook on his second visit to NZ, painted a Māori family in front of a waterfall. This work has influenced generations of NZ artists.

**Dec 4-Feb 27** 9am-8pm. Rotorua Trust Galleries, Rotorua Museum. Free for residents with ID. Ph Ann Somerville 349 4350 ext 7823.

### Rotorua Artists at RAVE

Biennial art event and exhibition. Open to all artists residing in the Rotorua ratepayers' district for at least 12 months prior to the exhibition. Entry forms downloadable from [www.rave.org.nz](http://www.rave.org.nz)

Exhibition **Dec 11-Jan 22** 10am-4pm daily. Rotorua Arts Village, Hinemaru St. Free. Ph 348 9008.

### Drawing Conclusions

**Feb 25-Mar 4** 9am-8pm. Rotorua Museum. Free for residents with ID. Ph Ann Somerville 349 4350 ext 7823.

### Body in Action

**Mar 13-Jun 26** 9am-8pm (Mar) 9am-5pm (Apr-Sep). Rotorua Museum. Free for residents. Ph Ann Somerville 349 4350.

## Artists at work

### Stone Sculpture Symposium

Watch new works of art unfold and talk to the 24 local and national sculptors about their work.

**Nov 11-20** 9am-7pm. Rotorua Youth Centre grounds (old YWCA), 6 Te Ngae Rd. Free. Ph Trevor Nathan 345 6621 or 027 782 9349.

### Stone sculpture auction

Art works created in Oamaru stone during the sculpture symposium will be available to view from 10am and purchase from noon.

**Sun, Nov 21.** Rotorua Youth Centre grounds (old YWCA), 6 Te Ngae Rd. Ph Trevor Nathan 345 6621 or 027 782 9349.

### Lakeside art exhibition

Photo courtesy of DRTM



Local sculptor Joe Kemp showcases some of his wood and stone sculptures alongside the work of 24 other NZ sculptors, weavers and painters from as far afield as Auckland and Wellington.

**Jan 2-16** 10am-5pm. 453 SH30, Lake Rotoma. Free. Ph Joe Kemp 362 0899.

### Sunrise Rotary Club fund-raising sculpture exhibition

Sculpture exhibition (and garden walk) featuring artists from throughout the Bay of Plenty region. All work available for purchase.

**April 16, 17, 23 & 24** 10am-4pm. 2 Manahi Ave. \$5 entry. Ph Bob Gardner 343 1120.

### MCA - Mokoia painting group

Painters of all levels of experience can share ideas and techniques.

**Every Wed** 1.30-3.30pm. Mokoia Community Association hall, 297 Vaughan Rd. Koha. Ph 345 5971.

## Camera and film buffs

### WR2982: Certificate in Introductory Digital Photography

Learn techniques for digital image capture and digital image manipulation using image editing software. Improve and enhance images taken using a digital camera (5 credits).

Ph Jaarna Hoskins, School of Computing, Technology and Communications, Waiariki Institute of Technology for fee options, 346 8684.

### Film and theatre group - U3A

Opportunities for 'third agers' to share their interest in film/theatre by going on regular group outing to plays, shows and films.

Subs: \$10 (covers all U3A groups). Ph Mary Shapley 347 9636.

### Photography - U3A

'Third agers' sharing their interest in cameras and photography.

Group 1 meets 2pm **2nd & 4th Tues** of month. Ph convenor Katie Williams 346 3148. Group 2 meets 10am **2nd & 4th Fri** of month. Ph Loeta Davies 348 6322. Subs: \$10 (covers all U3A groups).

### MCA - Movie and Munch

Watch a movie then share lunch with new friends. Check monthly east-side 'Mokoia Matters' newsletter for what's on.

**Every 2nd Fri** 10am. Mokoia Community Assn hall, 297 Vaughan Rd. Ph 345 5971.

### MCA - Friday Flicks

Watch a movie and chat with friends. Check monthly east-side 'Mokoia Matters' newsletter for what's on.

**4th Fri** of month 1.30-3.30pm. Mokoia Community Assn hall, 297 Vaughan Rd. Ph 345 5971.

## Creative hands

### Flowers, Friendship and Fun

Floral design course for anyone wanting to add flair to special occasions. Friendly casual atmosphere.

**Thurs, 6-weeks starting Oct 28.** Further 6-week courses restart Jan. 5.30-7.30pm. School of Floral Design, rear of Rotorua Florist, Eruera St. \$192 plus materials. Ph Pam Jenkins-Lane 349 4097.

### Collectors in the Community: Shari Cole - Pacificana

Living in American Samoa in the 60s and 70s, Shari Cole developed a passionate interest in Pacific weaving, learning skills and melding them with her own creations.

**Till Wed, Nov 10** 9am-8pm. Upper foyer, Rotorua Museum. Free for residents with ID. Ph Ann Somerville 349 4350 ext 7823.



Photo: Don Cole

### Diploma in Māori Visual Arts (raranga/weaving) - Level 4

Introductory course to advance knowledge of raranga by exploring creativity, media practice, putting work into a tikanga Māori context.

**36 weeks, starting March.** Flexible study options. No fees. Can be part of a 3-year diploma. Te Wananga o Aotearoa. Ph 349 2360.

### Art and crafts classes

Variety of classes including pottery, painting, silver clay jewellery, Raja meditation and beading will be offered during April/May and beyond. Go to [www.rave.org.nz](http://www.rave.org.nz) for details.

Rotorua Arts Village, Hinemaru St. Ph 348 9008.

### Christmas Design Experience

A fun afternoon of champagne, Christmas cake and festive floral designs. Three Christmas designs to take home.

**Sat, Nov 27** 1-5pm. School of Floral Design, rear of Rotorua Florist, Eruera St. \$180. Ph Pam Jenkins-Lane 349 4097.

### Beginners' Mosaic Classes

Have fun learning to mosaic. Ideal for small groups.

**Mon & Tues on demand** 9.30-11.30am. Janet Keen Mosaics Studio, 374 Clayton Rd. Cost dependent on project. Ph 346 3435.

**Craft group - MCA**

For all levels of experience to share ideas and techniques.

**Every Thurs** 1-3.30pm. Mokoia Community Assn hall, 297 Vaughan Rd. Koha. Ph 345 5971.

**Performance****Rotorua Little Theatre production, 'FlatSpin'**

Directed by Val Isherwood, FlatSpin is the second part of Alan Ayckbourn's comedic trilogy, Damsels in Distress.

**Nov 5-20.** (no shows Tues or Wed) 8pm evening, 2pm matinee Sun. Shambles Theatre, 8 Amohau St. \$26. Some door sales available. Ph Jenny Hotch 346 1674 (bus) or 348 8614 (theatre).

**Jazz evening - Hawke's Bay Big Band**

This month's club night at the Rotorua Jazz Club features a big band with driving arrangements and exciting soloists.

**Sun, Nov 7** 6-9pm. Arawa Lounge, Racecourse. \$15 non-members. Subs: \$25 single, \$40 double. Ph Elspeth Burrell 348 7730.

**Scottish born singer-songwriter Isla Grant in concert**

Isla's beautiful voice and her ability to write songs that cross over from country/folk to easy listening have made her a favourite.

**Tues, Nov 9** 7.30pm. Civic Theatre. \$59-\$61. Book at Ticketmaster.

**Rotorua Musical Theatre production of 'CATS'**

CATS, one of the world's most beloved musicals featuring the music of Andrew Lloyd Webber, is being staged in Rotorua.

**Mar 18-Apr 2** (no shows Mon) 8pm. Civic Theatre, Convention Centre. \$35 seniors (65+), \$45 adults, matinees \$25/\$35. Ph Richard Marshall 347 8658.

**American music legend Gary Puckett**

Best known for hits like Young Girl and Lady Willpower, Gary's concert promises a night filled with great memories and great music.

**Mon, Nov 22** 8pm. Civic Theatre. \$79.95. Book at Ticketmaster.

**Rotorua Jazz Club evening with Brett's Internationals**

A big band dedicated to recreating the music of the 1920s.

**Sun, Dec 5** 6-9pm. Arawa Lounge, Racecourse. \$15 non-members. Subs: \$25 single, \$40 double. Ph Elspeth Burrell 348 7730.

**Rotorua District Choir presents 'A Procession of Carols'**

Carols and songs celebrating Advent and Christmas. Guest items from the choir of the Rotorua Home School Assn and Chapman College plus Home School instrumentalists group.

**Dec 11 & 12** 7.30pm Sat, 2pm Sun. St Luke's, cnr Pukuatua and Amohia Sts. \$15. Ph Martyn Heath 345 4490.

**'MacBeth' by William Shakespeare**

Two local groups combine to present the 6th Shakespeare Outside production in the stunning surroundings of Hell's Gate.

**Jan 19-23** 7pm, Sun matinee 4pm. Hells Gate, Tikitere. \$15 seniors, \$20 adults. Ph Valerie Dyson 357 2786.

**Rotorua Bluesfeast**

The Rotorua Bluesfeast Trust presents a wide range of local and national performers as well as special overseas guest artists.

**Sun, Jan 30** Noon-8pm. Rotorua Arts Village, Hinemaru St. \$25. Ph Anita Loderus 021 44 0435.

**Pins and needles****Join a quilt day**

Make a 'Circle Around' quilt. Free class and pattern, but all materials must be purchased in-store.

**Tues, Nov 16** 10am-3pm. Cottage Flair, Main Rd, Ngongotaha. Ph Jill Brake 357 5955.

**Sew an apron**

Ideal Christmas gift. Free class and pattern, but all materials must be purchased in-store.

**Sat, Nov 20** 9.30am-3.30pm. Cottage Flair, Main Rd, Ngongotaha. Ph Jill Brake 357 5955.

**Learn to machine quilt**

All aspects of machine quilting covered; basting, quilting patterns, stippling and free motion quilting and handling large quilts.

**Wed, Dec 1** 9.30am-4pm. Cottage Flair, Main Rd, Ngongotaha. \$50. Ph Jill Brake 357 5955.

**Knitting circle open days**

Knitters welcome to share company, knowledge and ideas. Experienced knitter on hand to help with questions.

**2nd & 4th Thurs** of month 10am-3pm. Cottage Flair, Main Rd, Ngongotaha. Free. Ph Jill Brake 357 5955.

**The arts****New Zealand Aria - 64th Festival Weekend of Song**

Heats held in the Convention Centre's Banquet Room, Civic Theatre and Concert Chamber as well as at Waiariki Institute of Technology marae (Maori song section) on Sun morning.

**Oct 29-31** 3-9pm Fri, 9am-9pm Sat, 10am Sun. Gold coin entry.

**New Zealand Aria - finals night**

Finalists in Australasia's largest classical music competition perform with the Auckland Philharmonia Orchestra. Hosted by Max Cryer, there will be a guest performance by past aria winner Ben Makisi, pictured.

**Sun, Oct 31** 7.30pm. Civic Theatre, Convention Centre. \$35 seniors (65+), \$43 adults. Book at Ticketmaster.



**Trust Waikato Symphony Orchestra concert**

A programme of music inspired by Walt Disney's Fantasia. Violinist Fiona Pears will also perform some of her own compositions.

**Sun, Nov 14** 2pm. Civic Theatre, Convention Centre. \$10 seniors (65+), \$15 adults. Book at Ticketmaster.

**Museum floor talk: Cascades**

Barry Dabb discusses the affect William Hodges' romantic 18th C. painting has had on generations of NZ artists.

**Fri, Dec 10** 5.30-6.30pm. Rotorua Museum. Free for residents with ID. Ph Ann Somerville 349 4350 ext 7823.

**Rotorua Music Federation concert by 'Elixir'**

Rachel Thomson (piano), Moira Hurst (clarinet and saxophone) and Kate Lineham (soprano)

performing works by Dankworth and Laine, Mozart, Bartok, Schubert, Bliss, Salazar and Britten.

**Tues, April 5** 7.30pm. Concert Chamber. Casual: \$30. Season ticket: \$100 (x 4 concerts). Ph Don Tombleson 345 7406.

**Writers and bookworms****Book sale, Friends of the Rotorua District Library**

This regular fundraiser features thousands of books at bargain prices. All proceeds to the Library.

**1st & 3rd Sat** of month 9am-1pm. Old Tea Kiosk, Kuirau Park. FORDL Subs: \$10. Ph Anne Hunt 348 7680.

**Adult Reading Round - Monthly book discussion group**

Lively, informal discussions on current topics and books with first option on many new titles.

**4th Wed** of month (excludes Dec). 10.30am. Haupapa Room, Rotorua Library. Gold coin. Ph Bev Emmerson 348 4177 ext 7042.

**Rotorua Mad Poets Society**

Those who want to write, read and/or listen to poetry welcome.

**Every Wed** 6.30-8pm. 2nd floor, Rotorua Public Library. Subs: \$5. Ph Jackie Evans or Alan Kissock 349 0060 or 347 1407.

**Writing for families group - U3A**

'Third agers' sharing an interest in writing.

**1st & 3rd Fri** of month 9.30am. Subs: \$10 (covers all U3A groups). Ph Jenny Carroll 332 2633.

**U3A - Book reviews group**

'Third agers' sharing a love of reading and books.

**1st Mon** of month 2pm. Subs: \$10 (covers all U3A groups). Ph Jill Nicholas 347 9647.

**Accent on hobbies****MENZ Shed Rotorua**

Blokes getting together, to make or repair things, talk, share skills. Operating at Te Amorangi Museum and Linton Park Community Assn. Ph Graeme Ennor, Mokoia Community Association 345 5971.

**Rotorua Model Aircraft Club**

Flying all types of aircraft including gliders, helicopters and planes (up 12ft wingspan). Advice on hand for new members.

**Every Wed & Sun** 9am-noon. Clubrooms and flying field on Mead Rd, off Tarawera Rd, 500m past the Green Lake. Subs: \$120. Ph Trevor Hutchings 348 0370.

**Rotorua Fishing and Casting Club**

Join beach fishing enthusiasts. Tuition available. Enjoy club, interclub and national competitions. Organisers of the annual Surf Fishing Bonanza in Jan.

**Monthly competitions** during Sep-Jun season, various dates. Otamarakau HQ includes clubrooms, campsites and bunkroom. Subs: \$50. Ph Garry Bennett 345 8040.

**43rd annual \$15,000 International Trout Tournament**

Organised by Rotorua East Lions' Club, the annual trout fishing competition is held across the majority of Rotorua's lakes. Proceeds go to the Cancer Society's Lions Lodge, Hamilton.

**Fri, Nov 19-Sun, Nov 21** From 5am (Fri) to 3pm (Sun). Tournament HQ, Arawa Park Function Centre. \$65. Ph Kevin Jensen 027 336 2004.

**Rotorua Gem, Rock and Mineral Club**

Collectors of fossils, gemstones, minerals, unusual rocks, and shells share knowledge and finds. Three competitions per month.

**4th Wed** of month 7pm. St John's Ambulance rooms, Pererika St. Subs: \$10 single, \$15 couple. Ph Ken Thomasen 348 1642.

**North Island and National Sporting Clay Championships**

3-day sporting clay championships. North Island champs Sat, nationals Sun & Mon. Spectators welcome. Expect some exciting competition from national and international shooters ahead of the World English Sporting Champs in Paeroa, Feb 4-6.

**Sat-Mon, Jan 29-31** From 8.30am. Rod and Gun Club grounds, 249B SH30, past Landfill. Free. Ph Tony Truss 0274 720 116.

**Rotorua Rod and Gun Club**

Weekly practice nights plus monthly club shoots.

**Every Wed** (from 4pm) plus **3rd Sun** (from 9am) of month. Club grounds, 249B SH30, 2km from city past Rotorua Landfill.

Subs: \$55 social member (shooting in Rotorua only), \$110 full member. Ph Tony Truss 347 9425 or 0274 720 116.

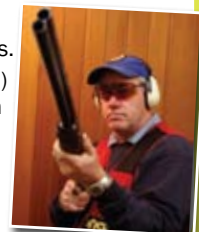


Photo: Mark Gould

## Bygone times

### Collectors in the Community: Pat De Carteret - Hat Pins

The hat pin, originally invented to hold wimples and veils in place, reached a pinnacle of popularity during the late-Victorian period. Pat De Carteret shares her extensive collection.

**Nov 12-Feb 9** 9am-8pm. Upper foyer, Rotorua Museum. Free for residents with ID. Ph Ann Somerville 349 4350 ext 7823.

### Rotorua Morris Minor Club

Regular meetings to share stories, tips and info. Monthly outings and annual national convention. Visitors welcome.

**2nd Tues** of every 2nd month 7.30pm. McDonalds, Fairy Springs Rd. Subs: \$25. Ph Josie O'Brien 347 8433.



### Antique Bottle and Collectors' Club

Social competitions, lively discussion and sharing of knowledge regarding discovery or purchase of bottles and collectibles. Trips to shows, collections and private museums.

**2nd Wed** of month 7.30pm. Te Runanga Tearooms, Government Gardens. Subs: \$25. Ph Rick Williams 348 6008.

### Rotorua and District Historical Society

Interested in the history of the Rotorua region? Join like-minded locals to enjoy guest speakers, field trips and Bring 'n' Brag.

**4th Mon** of month 7.30pm. Rotorua Arts Village, Hinemaru St. Subs: \$15 single or couple. Ph Phil Andrews 345 9443.

### History group - U3A

'Third agers' sharing their interest in past lives and times.

**2nd & 4th Wed** of month 10am. Subs: \$10 (covers all U3A groups). Ph Nan Miller 345 5817.

### Art History group - U3A

'Third agers' sharing their interest in art history.

**2nd & 4th Mon** of month 2pm. Subs: \$10 (covers all U3A groups). Ph Anne Hunt 348 7680.

## Game On

### Afternoon and evening mah-jong

New players welcome. Tuition available for learners but a basic level of skill required.

**Every Thurs** 1-4pm. Ph Rae Bellringer 348 5721. **2nd, 4th & 5th Wed** of month 7-10pm. Ph Kristine Gibson 347 8461. Rotorua Women's Club, 1133 Hinemaru St. Subs: \$75 plus \$3 per session.

### Friday bridge

New members welcome. Basic level of skill required.

**Every Fri** 1-4pm. Rotorua Women's Club, 1133 Hinemaru St. Subs: \$75 plus \$3 per session. Ph Pam O'Neill 348 9007.

### Rotorua Scrabble Club

All levels of ability welcome to play Scrabble using NZASP rules. Opportunities to play in national tournaments.

**Every Thurs** 9am-noon. 25 Barraud Pl. Subs: \$10 plus \$2 per week. Ph Tim Henneveld 348 0697 or Ruth Godwin 349 6954.

### Parkside 500 Club

Join in to learn and play this popular card game.

**Every Thurs** 1pm. Parkside Community Centre, Tarewa Pl. \$3 per session includes afternoon tea. Ph Roma Cook 348 7258.

### Community summer mah-jong (open draw)

**Every Sun** (arrive by 12.55pm) 1-4pm. Arawa Bowling Club, 64 Lytton St. \$3 per session. Ph Gillian Lamprey 347 1376.

### Housie

A fun afternoon playing 1-4 cards at a time. Beginners welcome.

**Every Mon** 1-4pm. Parkside Community Centre, Tarewa Pl. \$3 per session, plus 10c per card. Ph Joan Stevenson 349 1593.

### Friday mah-jong

The former Rotorua West Bowling Club group now meets at Parkside. New players and beginners welcome.

**Every Fri** 1-4pm. Parkside Community Centre, Tarewa Pl. \$3 per session. Ph Thelma White 348 1696.

### Tuesday mah-jong

Fun, social group. Basic level of skill in Mah-jong needed.

**Every Tues** 1-4pm. Parkside Community Centre, Tarewa Pl. \$3 per session. Ph Pennie Clark 348 6398.

### Scrabble sessions

**Every Tues** 10am. Parkside Community Centre, Tarewa Pl. \$2 per session. Ph Avis Bjarnesen 348 6473.



## Helping Hands

### Keep Rotorua Beautiful (KRB)

Join a group committed to a beautiful litter-free city, and support community projects organised by the KRB co-ordinator. No special skills required other than enthusiasm.

**Bi-monthly, 2nd Tues.** Dec 7 then restarting Feb 8. 5.15pm for approx. 1 hour. RDC Civic Centre, 1061 Haupapa St. Ph Christine Findon 348 4199 or 0274 741 753.

### Become a Save the Children Shop volunteer

New volunteers with people and money-handling skills welcome. Majority rostered on for a half day every fortnight. Casuals also sought. Proceeds help children in NZ and overseas.

**Mon-Sat** 9.30am-4.30pm weekdays, till 8pm Thurs, 10am-2pm Sat. 1190 Tutaneikai St. Ph Jo-Anne La Grouw 349 3439.

## COURSE / EVENT PLANNER

<b>OCTOBER 2010</b>	FR	SA	SU	MO	TU	WE	TH	AM	PM	DA	NI	Pg	
6-week Floral Art course							28				●	5	
Shari Cole Pacificana exhibition	29	30	31				28		●	●		5	
64th NZ Aria Festival of Song	29	30	31						●	●		7	
Rotorua Rhododendron Festival		30	31						●			20	
Get Active, Stay Active Expo			31					●	●			23	
NZ Aria finals night			31							●		7	
Blast! Pat Hanly exhibition	29	30	31				28			●	●	3	
<b>NOVEMBER 2010</b>													
Shari Cole Pacificana exhibition	Daily until Nov 10									●	●		5
Solo show by Sofia Minson	Daily from Nov 2									●		3	
Alan Ayckbourn play, 'FlatSpin'	Daily Nov 5-20								●	●		6	
History of NZ gardening floor talk		7						●				20	
Hawke's Bay Big Band jazz evening		7								●		6	
Isla Grant in concert					9					●		6	
Mates in Bowls - 5-week series							11			●		19	
Stone Sculpture Symposium	Daily Nov 11-20									●		4	
Orienteering Summer Nav Series	Nov 17 & 24									●		22	
Exhibition of hat pins	Daily from Nov 12								●	●		10	
Dutch Market Day		13						●	●			16	
Trust Waikato Symphony Orchestra			14						●			8	
International Trout Tournament	19	20	21					●	●			9	
Exhibition of NZ ceramics	Daily from Nov 20									●	●	3	
Stone sculpture auction		21						●	●			4	
US music legend Gary Puckett			22							●		6	
Christmas Design Experience		27							●			5	
Blast! Pat Hanly exhibition	Daily until Nov 28									●	●	3	
Christmas Collection exhibition			29	30						●		3	
<b>DECEMBER 2010</b>													
Learn to machine quilt							1			●		7	
Jazz with Brett's Internationals			5							●		6	
Museum floor talk: Cascades	10									●		8	
A Procession of Carols		11	12						●	●		6	
Rotorua Artists at RAVE	Daily from Dec 11									●		3	

KEY: ● Creative ● Discovery ● Active AM Morning PM Afternoon

## COURSE / EVENT PLANNER

<b>DECEMBER 2010 continued</b>	FR	SA	SU	MO	TU	WE	TH	AM	PM	DA	NI	Pg
Christmas Collection exhibition	Daily until Dec 24									●		3
Orienteering Summer Nav Series	Dec 1, 8, 15									●		22
Solo exhibition by Sofia Minson	Daily to Dec 31									●		3
Exhibition of NZ ceramics	Daily through Dec									●	●	3
Exhibition of hat pins	Daily through Dec									●	●	10
<b>JANUARY 2011</b>												
Rotorua Artists at RAVE	Daily until Jan 22									●		3
Lakeside art exhibition	Daily Jan 2-16									●		4
Shakespeare Outside 'MacBeth'	21	22	23			19	20		●	●		7
Orienteering Summer Nav Series	26									●		22
National Sporting Clay Champs	29	30	31							●		9
Rotorua Bluesfeast			30						●	●		7
42nd Annual Surf Fishing Bonanza			30					●	●			9
Exhibition of NZ ceramics	Daily through Jan									●	●	3
Exhibition of hat pins	Daily through Jan									●	●	10
<b>FEBRUARY 2011</b>												
Exhibition of NZ ceramics	Daily until Feb 6									●	●	3
Exhibition of hat pins	Daily until Feb 9									●	●	10
Orienteering Summer Nav Series	Feb 2, 9, 16 & 23									●		22
Mates in Bowls - 5 week series							3			●		19
Neighbours in our Community	25								●			16
<b>MARCH 2011</b>												
Orienteering Summer Nav Series	Mar 2, 9, 16 & 23									●		22
A-Z Fishing School - 5 wk course							3			●		15
'CATS' Musical Theatre production	Daily from Mar 18									●	●	6
Neighbours in our Community	25								●			16
<b>APRIL 2011</b>												
'CATS' Musical Theatre production	Daily until Apr 10								●	●		6
Chamber music concert by 'Elixir'					5					●		8
Garden art walk fundraiser		16	17	23	24					●		4
Neighbours in our Community	29								●			16
<b>MAY 2011</b>												
Musical 'All Shook Up'	Daily May 20-28									●	●	

DA All Day NI Night

### Ngongotaha Community Patrol

Volunteer to help make the Ngongotaha (Mamaku to Hamurana) community safer. Full training, safety gear and vehicle expenses covered; all you need give is time and observation skills. Non confrontational; merely record and report situations of interest.

Min. of one 3-4 hour patrol (day or night) per month.

From Community Policing Centre base, Tauī St.  
Ph Mary Rogerson 357 5086.



### Volunteering at Red Cross

NZ Red Cross welcomes volunteers to assist with a variety of tasks including admin activities, shop work, Breakfast in Schools, fundraising and disaster response in the Rotorua area.

Ph Barbara Locke 348 3738.

### Certificate in Adult Literacy Tutoring

Keen to volunteer as a tutor to help adults improve their reading, writing and numeracy skill levels? The next Literacy Rotorua tutor training course is planned for Apr/May. Free but requires a commitment of 40 hours tutoring on completion.

Ph Mary Longson 350 2286.

### Volunteer ESOL tutor

Become a volunteer home tutor and help adult immigrants with English language skills. 25-hour training module is a component of a Certificate in ESOL Home Tutoring.

Next training course scheduled Feb/Mar. Free but requires a commitment of 3-6 months tutoring on completion. Ph Judy Winiata 350 2395.

### Soroptimist International of Rotorua

Women's service club that promotes and supports women locally, nationally and internationally. All welcome.

**2nd** (business) & **4th** (dinner) **Tues** of month 6.30pm. Dinner meeting with guest speaker, Princes Gate Hotel. Business meeting at a member's home. Subs: \$100. Ph Rosalie Hallam 348 6034.

## Mental stimulation

### Cryptic Crossword group - U3A

'Third agers' keeping their brain active via cryptic crosswords.

**1st & 3rd Tues** of month 2pm. Subs: \$10 (covers all U3A groups). Ph Jill Bawn 347 1283.

### Science group - U3A

'Third agers' sharing their an interest in the sciences.

**1st & 3rd Mon** of month 10am. Subs: \$10 (covers all U3A groups). Ph Tony Charleton 332 2183.

### Philosophy group - U3A

'Third agers' sharing an interest in philosophy.

**2nd & 4th Thurs** of month 1.30pm. Subs: \$10 (covers all U3A groups). Ph Peter Wood 345 5099.

### Current events groups - U3A

'Third agers' discuss national and international current events.

Group 1 meets 10am **1st & 3rd Thurs** of month. Ph Ann Bosomworth 345 8339. Group 2 meets 10am **1st Thurs** of month. Ph Blanche Kingdom 348 7990.  
Subs: \$10 (covers all U3A groups).

## New skills

### A-Z Fishing School

Covers overview of fly fishing, gear, casting, knots, fly tying basics, what trout feed on, how to catch them and where to fish.

**Thurs, 5 weeks** starting Mar 3 7-9pm.

Rotorua Anglers' Assn clubrooms, Pererika St. \$160 includes club membership. Ph Roger Bowden 348 7816.

### Coffin Club group - U3A

'Third agers' learning DIY skills to build their own pine coffin.

Subs: \$10 (covers all U3A groups). Ph Katie Williams 346 3148.



### Rotorua Toastmasters' Club

Toastmasters offer opportunities to learn, develop and master the confidence and skills essential for public speaking.

**Every Tues** 7.30-8.30pm. Rotorua Club. Subs: Approx. \$100.  
Ph Campbell Harrison 348 9046 or 027 715 0369.

### Geyser Gourmet Toastmasters' Club

Experienced toastmasters meet over a meal and offer encouragement to fellow members as they advance through manuals.

**Last Sun** of month 6.30-8.45pm. Various local restaurants. Subs: Approx. \$100 plus cost of meal. Ph Campbell Harrison 348 9046 or 027 715 0369.



### Lunchtime Toastmasters

Teaching people from all walks of life how to speak in public with confidence.

**Every Tues** till Dec 7 (restart Feb 1) 12.15-1.15pm. Studio 2, Rotorua Arts Village, Hinemaru St. Subs: \$50 every six months plus one-off joining fee of approx \$40-\$50. Ph Joy Hood 347 7274 or Peggy Shanks 348 7405.

## Other languages and cultures

### Learn to speak French

11-week introductory course, starting **1st week in Feb**.

One hour per week, on demand. Venue dependent on numbers. \$220. Ph Ludivine (Ludy) Howse 021 269 9643.

### Neighbours in our Community

Gain an understanding of the challenges of settling into NZ life as a migrant talks about their culture and experiences each month.

**Last Fri** of month, Oct 29 then restarts Feb 25. 12.10-12.50pm Rotorua Arts Village, Hinemaru St. Free. Bring your own lunch, tea and coffee provided. Ph Judy 350 2395 or Heather 350 0533.

### Netherlands Society Rotorua

Weekly Klaverjas evenings (7.30pm) and monthly coffee mornings (10am). Dutch Market Day, featuring traditional Dutch specialities, held every two months. **Last 2010 market Sat, Nov 13**, between 11am-1pm. Markets restarting Feb.

**Every Thurs** (cards) plus **1st Tues** of month (coffee). Dutch Club Hall, Neil Hunt Park, Tarawera Rd. Subs: \$20 single, \$30 couple. Ph Douwe Visser 345 9383.

### French Chat

Informal gathering of French-speaking locals meet for coffee and conversation. Visitors welcome to come and practice their French.

**1st Sat** of month 10.30am. Le Café de Paris, 1206 Hinemoa St. Free. Ph Valerie and Alain Janin 348 1210.

### WR3024: Certificate in Introductory Spanish\*

Graduates will be able to write in Spanish using basic grammar on familiar topics as well as understand simple spoken and written Spanish in social situations (15 credits).

**One semester part-time.** Ph Karoline Setu-Galo, Te Wānanga a Ihenga, Māori Development, Humanities and Research, Waiariki Institute of Technology for fee options, 346 8964.

### WR3023: Certificate in Introductory Chinese\*

Graduates will be able to write in Chinese using basic grammar on familiar topics as well as understand simple spoken and written Chinese in social situations (15 credits).

**One semester part-time.** Ph Karoline Setu-Galo, Te Wānanga a Ihenga, Māori Development, Humanities and Research, Waiariki Institute of Technology for fee options, 346 8964.



### WR3022: Certificate in Introductory Japanese\*

Graduates will be able to write in Japanese using basic grammar on familiar topics as well as understand simple spoken and written Japanese in social situations (15 credits).

**One semester part-time.** Ph Karoline Setu-Galo, Te Wānanga a Ihenga, Māori Development, Humanities and Research, Waiariki Institute of Technology for fee options, 346 8964.

\*Pending approval

### Conversational Spanish group - U3A

Opportunity for 'third agers' with some knowledge of Spanish to practice their language skills.

**1st & 3rd Fri** of month 2pm. Subs: \$10 (covers all U3A groups). Ph Miriam Ruberl 027 248 7542.

### Certificate in Tikanga Māori – Level 3

Understand the Māori world view, values and beliefs; how they function in our own and other societies, and how these concepts apply in the home, workplace and community.

**18 weeks, starting Mar.** Flexible study options. No fees. Te Wananga o Aotearoa Ph 349 2360.

### Certificate in Te Ara Reo Maori - Level 2

Te Ara Reo Māori is designed for adult learners. Developing basic conversational Maori and understanding of Maori customs/protocols.

**36 weeks, starting Mar.** Flexible study options. No fees. Te Wananga o Aotearoa Ph 349 2360.



Photo courtesy of DRTM

### WR2843: Short Course Certificate in Te Reo Maori - Level 1

Graduates will be able to communicate in te reo Māori in everyday situations with confidence and understand Māori language and customs at a foundation level (11 credits).

**One semester part-time.** Ph Karoline Setu-Galo, Te Wānanga a Ihenga, Māori Development, Humanities and Research, Waiariki Institute of Technology for fee options, 346 8964.

### WR2844: Short Course Certificate in Te Reo Maori - Level 2

Graduates will be able to communicate in te reo Māori, undertake higher level studies in te reo and tikanga Māori, and participate in common Māori customary practices with understanding (11 credits).

**One semester part-time.** Ph Karoline Setu-Galo, Te Wānanga a Ihenga, Māori Development, Humanities and Research, Waiariki Institute of Technology for fee options, 346 8964.

## Social networking

### Rotorua Central Probus Club

Probus clubs provide an opportunity for retirees to meet for companionship and friendship.

**3rd Mon** of month 10am start, 9.30am for tea/coffee. Rotorua Bridge Club, Neil Hunt Park. Subs: \$12 plus \$2 per meeting. Initial joining fee \$20. Ph Shirley Chavasse 348 2275.

### Rotorua Women's Club

A social club offering women opportunities to participate in card, gardening and dinner circles. Library on site. Lunches and social functions throughout the year.

1133 Hinemaru St. Subs: \$75. Ph Nancy McHale 347 8597.

### Rotorua Women's Club - Associate Dinner Group

Enjoy a get-together and chat over dinner followed by an entertaining guest speaker.

**1st Wed** of month 5.30pm. 1133 Hinemaru St. Subs: \$35 plus \$18 per dinner. Ph Pat Thomson 347 0491.

**Rotorua (Men's) Probus Club**

Probus clubs provide an opportunity for retirees to meet for companionship and friendship.

**1st Thurs** of month 10am. Rotorua Golf Club. Subs: \$20 plus \$2 per meeting. Ph Gordon Roberts 345 6246.

**Travel group - U3A**

'Third agers' sharing individual travel experiences.

**4th Thurs** of month 1.30pm. Subs: \$10 (covers all U3A groups). Ph Doris Scott 349 2720.

**Visits group - U3A**

Opportunity for 'third-agers' to share visits and outings to places of interest locally and in the wider Bay of Plenty.

**1st Fri** of month 1.30pm. Subs: \$10 (covers all U3A groups). Ph Judy Somerville 357 2292.

**MCA - Cuppa and Co**

Share a cuppa and a chat, listen to a speaker or go on a trip.

**3rd Fri** of month 10-11.30am. Mokoia Community Assn hall, 297 Vaughan Rd. Free. Ph 345 5971.

**The netscape****Introduction to Computers (5-week course)**

SeniorNet is a non-profit organisation for people over 55 keen to use computer technology to enhance their lives. New members get a 5-week introductory course on basic computer usage.

**Jan drop-in tutorials available** to members.

New classes start regularly. Regency Park Estate, Brent Rd. Subs: \$20 individual, \$30 couple. Ph Betty Milligan 348 8117.

**Computer classes at SeniorNet**

Courses for over 55s include introduction to email, internet usage, Basic Word, Advanced Word, Publisher, Excel, Power Point, digital camera usage and image manipulation.

Regency Park Estate, Brent Rd. Subs: \$20 individual, \$30 couple. Ph Betty Milligan 348 8117.

**WR2781: Certificate in Computing and Communications Technology**

Gain skills in desktop computing applications, learn about technologies that make up computer systems, and develop a good grounding in communications skills and maths (60 credits).

**Online delivery.** Free. Ph Jaarna Hoskins, School of Computing, Technology and Communication, Waiariki Institute of Technology 346 8684.

**Certificate in Computing - Level 2**

Introductory course providing basic skills in computer hardware and software, email and office applications.

**18 weeks, starting Mar.** Flexible study options. No fees. Te Wananga o Aotearoa Ph 349 2360.

**Bowl along****Rotorua East Bowling Club**

Have a go at outdoor bowls with loan gear prior to joining. Club coaches on hand to assist beginners. Flat shoes required. Regular social gatherings. Non-playing members welcome.

**Regular, twice weekly** play on various days. Warwick Dr, Lynmore. Subs: \$85 first year member, \$30 social member, \$170 full member. Ph Elizabeth Maxwell 345 7371.

**Mates in Bowls - Series 1 & 2**

Try lawn bowls during one or both social summer league series. Bring flat soled shoes, sense of humour and two mates. Teams not limited to same three each week. Gear provided.

**Thurs, 5 weeks starting Nov 11 or Feb 3** 5.30pm. Arawa Bowling Club, Lytton St. Teams \$24 per night. Ph Gillian Lamprey 347 1376.

**Westbrook Indoor Bowls Club**

Come along next season and see if indoor bowls is for you. Play 2-3 evenings free before joining. Friendly, social group.

**Thurs, Feb-Sept** 7.30pm. Westbrook School hall, Malfroy Rd. Subs: \$30 plus \$3 per session including gear. Ph Phyllis Bryson 348 1795.

**Indoor Bowls**

Visitors and learner bowlers 55 and over welcome. Transport can be arranged.

**Every Fri** 1-4pm. Parksyde Community Centre, Tarewa Pl. \$3 per session. Ph Len Muir 343 9941.

**Feet made for walking****Springfield Strollers**

Friendly, social group. Usually flat walking for one hour in various Rotorua locations, then morning tea.

**Every Wed** 9.30am. Springfield Golf Course carpark, Springfield Rd. Free. Ph Barry Jenkins 347 9336.

**Introduction to Nordic Walking**

Expend more energy than regular walking. 1-hour session covers basics. Demonstration poles available but own preferable.

**On demand,** pre-booking required. QE Health, Whakauae St. \$72 (1-4 persons). Ph Gail Powell 348 0189 ext 734.

**Green Prescription walking group**

30-45 mins at easy pace for those with a low level of fitness.

**Every Mon** 10am. Redwood Visitor Centre, Longmile Rd. Free. Ph Melissa Gordon 348 4125 ext 605.

**Thursday Strollers**

Social group who walk at a leisurely pace for 45-60 mins.

**Every Thurs** 9.45am. Meet Youth Centre (old YWCA), 6 Te Ngae Rd. Donation to cover morning tea. Ph Colin Jacobs 345 6812.

**Walking with Joy**

Easy to medium walks (up to three hours) on various tracks and trails. Usually back at base between 2.30-3pm.

**Every Tues** 9.30am. Meet 9.15am at main Countdown carpark, adjacent to Mobil. Subs: \$15. Ph Joy Gordon 357 5744.

**Green fingers****Rotorua Rhododendron Festival**

Five private rhododendron gardens open for viewing at the peak of the flowering season.

**Oct 30 & 31** 9am-5pm. Paradise Valley, Tikitere, Ngongotaha, Hamurana and Lynmore. No more than \$5 per garden. Ph Jim Elley 332 3673 or 027 582 3456.

**Museum floor talk: A History of NZ Gardening**

Social historian and author Bee Dawson traces NZ's gardening history through pre-European Māori gardens, missionary efforts and the magnificence of Victorian and Edwardian estates.

**Sun, Nov 7** 2pm. Rotorua Museum. Free for residents with ID. Ph Ann Somerville 349 4350 ext 7823.

**Hannah's Bay Community Restoration Trust**

Volunteers welcome to assist running programmes based around education-focused organic community gardens, wetlands restoration and development of a community orchard at Hannah's Bay. Ph Denise La Grouw 345 5592.

**Organic gardening - U3A**

Join 'third agers' learning how to grow organic produce. Ph Nick Milsum 345 4120.

**Rotorua Women's Club Gardening Group**

Sharing a love of gardens, garden visits and discussions.

**4th Thurs** of month Meet 1.30pm. Rotorua Women's Club, 1133 Hinemaru St. Ph Nancy McHale 347 8597

**Healthy options****Arthritis Pool Classes**

Warm water pool exercises for arthritis sufferers.

8.30am at Polynesian Spa (**Mon**), 1pm or 1.30pm at Cantabria (**Mon & Fri**) and 4pm or 4.30pm at QE Health (**Wed**). \$5 per session, \$3 Arthritis NZ Foundation members. Ph Alison 345 8345 or Mary 346 3831.

**Green Prescription Easy Aqua**

Low impact aqua aerobics for beginners

**Every Tues** 12.15-1pm. Aquatic Centre (indoor pool), Tarewa Rd. \$4 with Green Prescription from GP. Ph Melissa Gordon 348 4125 ext 605.

**B.U.S. Balance Upright and Safe**

Strength and balance programme for those 55 and over. Regain or retain strength and balance. 45 mins of gentle exercise.

**Every Tues** 1pm (beginners) or 2pm (advanced). Parksyde Community Centre, Tarewa Pl. \$2. Ph Lisa Mansell 348 4125.

**Murupara In Motion**

Easy, fun exercise group that includes 'sit and be fit' exercises that can be modified to suit any fitness level.

**1st & 3rd Wed** of month 10-11am. Anglican Church, Oregon Drive, Murupara. Free. Ph Melissa Gordon 348 4125 ext 605.

**Heart of Gold**

Designed to improve the cardiovascular system.

**Tues and Thurs** 11am-noon. Gold's Gym, Old Taupo Rd. \$3. Ph Raewyn Gardiner 348 8998.

**Body movers**

Low impact exercises for older women. Go at your own pace.

**Every Tues** 9-10am Parksyde Community Centre, Tarewa Pl. \$2 per session. Ph Esther Amon 350 3037.

**MCA - Chairobics**

Exercise programme for over 65s run by a professional trainer.

**Every Wed** 9.45-10.30am. Mokoia Community Assn hall, 297 Vaughan Rd. Koha. Ph 345 5971.

**Let's dance****Dynamic Square and Round Dancing Club**

Learn round dancing, a combination of ballroom moves cued from the stage by a caller. Beginners welcome to come and try.

**Alternate Mon** 7.30-9.30pm. St Mary's Church hall, cnr Ranolf and Seddon Sts. \$4 per night. Ph Ann Hand 345 6827.

**Lake City Square Dancers**

Relaxed, morning group of square dancers who enjoy country music, company and exercise. Partners not necessary. Three free beginners' sessions to learn some moves before joining.

**Every Tues** 10am-noon. St Mary's Church hall, cnr Ranolf and Seddon Sts. Subs: \$15 plus \$4 per session. Ph Irene Clair 349 1308.

**Square dance demonstration**

Watch the Sulphur City Square and Round Dance Club dancers.

**Sat, Nov 20** 11am. City Focus. Free. Ph Ann Sullivan 348 1991.

### Rotorua Squares

Square dance sessions for experienced dancers on club nights. Beginners (with or without partners) welcome to phone about new learners' class starting Mar.

**Every Tues** 7.30-9.30pm. St David's Church hall, cnr Wharenui and Reeve Rds. \$4 per session. Ph Ian or Raewyn 345 3187.

### Beginner and easy line dancing @ Parksyde

Beginner class which can be combined with the follow on 'easy' session. Fee covers both sessions.

**Every Thurs** 10-11am & 11am-noon. Parksyde Community Centre, Tarewa Pl. \$4 per session. Ph Jeanette Salt 348 4845.

### Intermediate line dancing @ Parksyde

**Every Thurs** 1-2.30pm. Parksyde Community Centre, Tarewa Pl. \$4 per session. Ph Jeanette Salt 348 4845.

### Intermediate line dancing @ Owkata

**Every Mon** 9.30-11am. St David's Church hall, cnr Wharenui and Reeve Rds. \$4 per session. Ph Jeanette Salt 348 4845.

### Easy line dancing @ Ngongotaha

**Every Mon** 1-2.30pm. Ngongotaha Community hall, School Rd. \$4 per session. Ph Jeanette Salt 348 4845.

## Move your body



### Rotorua Tramping and Ski Club

Weekly tramps in the BOP and further afield. Varied programme of easy to challenging day and overnight tramps. Accommodation lodge on Mt Ruapehu and two chalets at National Park.

**2nd Mon** of month 7.30pm. Women's Club, Hinemaru St. Subs: \$55 senior tramper, \$170 senior skier. Ph Ian Hayes 348 5303.

### Orienteering Bay of Plenty's Summer Nav Series

Fun navigation series with short-course options suitable for beginners with low/moderate fitness. Walk, jog or run individually or in a group whilst exploring the BOP region.

**Every Wed, Nov 17-Mar 23** (excludes Dec 22-Jan 19). Anytime between 5.30 and 6.30pm. 3 courses of 20-60mins at various locations. \$5. Ph Darren Ashmore 0275 301 226.



### Tai chi for seniors

Dr Paul Lam style tai chi is particularly suitable for the over 60s, arthritis sufferers and those with health issues.

**Every Wed** 10am (beginners), 11am (advanced). Parksyde Community Centre, Tarewa Pl. First beginner session free, \$5 thereafter. Ph Jordan Freeman 332 5878.

### MCA - Eastside Senior Cyclists

Length of ride is decided on the experience and enthusiasm of the participants on the day.

**Every Mon** 9.30am. From Mokoia Community Assn, 297 Vaughan Rd. Free. Ph 345 5971.

### Rotorua Rowing Club - masters' group

Social rowing offers fun, fellowship and fitness for men and women. Coaching available at novice sessions in first year. Other sessions and groups for experienced and/or competitive rowers.

**Every Sat** 9-11am for novices.

Experienced sessions held Sat 7-9am, Sun 8-10am, Thurs 4.30-6.30pm and Wed 5.30-7am (summer only).

Watersports HQ, Rotorua Lakefront. Subs: \$520. Ph Steven Donn 349 4094.



### Get Active, Stay Active Expo

Marking the start of Get Active, Stay Active month, the expo features stalls manned by local sports clubs or activity providers. See what's on offer, try some out, pick up information and start getting active.

**Sun, Oct 31** 11am-2pm. Village Green, Lakefront. Free. Ph Lisa Mansell 348 4125.

### ZUMBA - Beginners

A Latin dance-inspired fitness programme open to all ages and fitness levels. You don't need to know how to dance or be co-ordinated. Inquire about Zumba Aqua coming soon.

**Every Mon & Fri** 4.30-5.15pm. Westbrook School hall, Malfroy Rd. \$4 seniors (65+), \$5 adults. Ph Paere or Rose 021 159 8065 or 021 038 9722.

### Zumba® Gold

Latin-inspired dance and fitness class all in one designed for the active older person, beginner or someone in rehabilitation mode. Great for mind and body.

**Every Thurs & Sat** 9.15am (Thurs) and 11am (Sat). Fit as a Fiddle, 1131 Arawa St. \$5 per session. Ph Gayle Rattigan 021 203 9619.



### Pilates - beginners and advanced options

Low impact exercise to improve core stability. Ideal for beginners 50 and over.

**8-week sessions** restart Jan/Feb 9-10am. QE Health, Whakaue St. \$90. Ph Gail Powell 348 0189 ext 734.

### Rotorua Badminton Club

Catering for all abilities. Racquets provided for beginners to 'have a go' on club nights.

**Every Wed** 7-9pm. Badminton Hall, 28 Tarewa Pl. \$8 per night. Ph Tony Jackson 345 6904.



**Get involved in Hobbies, Interests and Passions**

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Contact the Rotorua District Council's Customer Centre, phone 348 4199 or email [mail@rdc.govt.nz](mailto:mail@rdc.govt.nz). Alternatively go to Rotorua District Council's website, [www.rdc.govt.nz](http://www.rdc.govt.nz), click on the **recreation** tab and download a PDF copy of the brochure.

Keen for your event, activity or course to be included in issue four of H.I.P., Autumn/Winter 2011, being released in late April. Want to update information contained in this issue? Please forward details by email to RDC's Customer Centre on [mail@rdc.govt.nz](mailto:mail@rdc.govt.nz) before Friday February 4, 2011.

Event, activity or class name, date, time, venue, cost, contact person and phone number required plus email and web address if appropriate. No more than 18 words of detail about an activity that is specifically aimed at, or particularly suited to, Rotorua residents aged 50 years and over. Activity must run between April 20 (prior to Easter) and October 31, 2011. Issue five, Spring/Summer 2011/12, will have an expected release date of late October.

